

People-Patient Handling Training Course

Next Course Dates: Every Friday

Course Duration: 1/2 day

Times: 1.30 pm - 4.00 pm

Venue: B2 Centre Point, Business Park, Dublin 12 or at your premises.

This course is designed to instruct employees in the theory and practice of safe Patient handling. To comply with Part 4 Chapter 2 of the “General Application Regulation Regulations 2007, Manual Handling of Loads”, which states that staff engaged in manual handling must be given appropriate training. Safe Patient Handling techniques can reduce the risk of injury to both the employee and the Patient. People-Patient Handling Training Course Objectives

ON COMPLETION OF THIS PEOPLE-PATIENT HANDLING

TRAINING COURSE PARTICIPANTS WILL BE ABLE TO:

- Recognise a load which is too heavy or awkward
- Understand the limitations of the spine and muscular system
- Conduct a patient handling risk assessment
- Lift and handle patients safely.
- Patient Handling Training Course Content
- Dangers of careless and unskilled methods
- Legislation
- Hazard Identification and Risk Assessment
- Principles of levers and laws of motion
- Anatomy of the spine and muscular system
- How the body is harmed through incorrect patient handling techniques
- Importance of physical fitness
- Personal protective equipment
- Normal patient movement
- Patient handling aids & techniques



PATIENT HANDLING TRAINING COURSE CONTENT:

- Dangers of careless and unskilled methods
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GUARDIAN SAFETY TRAINERS:

Guardian Safety is a FETAC registered training provider and all instructors are fully qualified Patient Handling Instructors, having achieved Level 6 in the National Framework of Qualifications. All course instructors hold a minimum of Train the Trainer qualification and are qualified safety practitioners holding a minimum of a Diploma in Occupational Health and Safety.

MAXIMUM PARTICIPANTS PER COURSE: 12**WHO SHOULD ATTEND:**

Employees whose work involves the movement or assisting the movements of patients with injury or decreased mobility. This course is suitable for carers, First Aiders, healthcare workers, those working in Nursing homes, hospitals and respite centres.

ASSESSMENT:

Theory test, followed by a practical assessment of safe patient handling.

REFRESHER TRAINING & CERTIFICATION VALIDITY PERIOD:

Refresher training is recommended at intervals not greater than 3 years.

ADDITIONAL INFORMATION:

DVD and laptop/projector presentation are used. Notes on safe Patient Handling are provided for each participant.

PATIENT HANDLING ATTENDANCE CERTIFICATION:

Guardian Safety Patient Handling Attendance Certificate for each attendee.

SPECIAL INSTRUCTIONS FOR THIS COURSE:

Course participants should wear loose fitting comfortable clothing (trousers) and closed toe shoes.

Any special needs / requirements should be identified at time of booking.

HOW TO BOOK

Email info@guardiansafety.ie

Phone 01-4243013 or 085-7177021

Book on line [People-Patient Handling Training Course](#)

“Guardian Safety's facilities were perfectly equipped for our needs and the training provided was clear, concise and to the point. We would like to take this opportunity to highly recommend Guardian Safety and plan to avail of their other courses.”

- Elaine Sweeney